

Here is a list of Safety Rules coaches at every level need to follow:

- If a child has a bat in their hands he/she must be wearing a helmet.
- A player may not have a bat in their hand in the dugout (on the bench in T-ball) until they are walking out of the dugout to go to bat.
- There is no "on-deck circle" in LL. Players may not come out of the dugout until it is their time to bat.
- **NW, PC and National divisions:** During games, coaches may not warm up pitchers at home plate, in the bullpen or elsewhere. Coaches may not warm up with players once the game has begun. It is recommended they do not warm up the players prior to games also.
- Umpires must wear all the protective gear if they are calling the game behind the catcher.
- Catchers must have a mask on when warming up pitchers at home plate or in the bullpen. They must stand and can not get in the crouch position unless they have the full catchers gear on.
- If a coach is hitting the ball a catcher must have a mask on if he is near the coach and acting as his catcher.
- If coaches are behind the batter in a live pitching drill, they must be wearing umpire gear. Do not act as the backstop.
- If kids are acting as base runners in practice drills they must wear helmets.
- Treat all practice games like real games when having the kids getting ready to bat or take the field.
- Children not on your roster **MAY NOT** practice with your team-a younger or older sibling, regardless of age, the neighbor kid, Johnny's cousin etc.
- Players with casts are not allowed to practice and may not be on the field or in the dugout during games.
- If a player is injured during a game or practice, enough to have to be removed from the game or practice, they must have a note from their physician to resume practicing or playing