

## VIRTUAL

ONLINE @ WWW.BASEBALLDUDES.COM BLOG...VIDEO TIPS...VIDEO ANALYSIS

## TRAIN LIKE A PRO

IN PERSON WITH INSTRUCTOR CHRIS GISSELL PITCHING...HITTING...FIELDING... SPEED & AGILITY...LEADERSHIP & MENTAL TOUGHNESS

## **My Approach to Instruction is Simple...**

From day one, you will hear, see and feel the proper way to do whatever it is we are working on.

My philosophy is to not implement something that will just get you through a season, but to teach you the right way from day one. Teach you what it will take to get you to the highest levels of Baseball. The goal is to get the most out of your body and your God given talent. You WILL train the way the Pro's do. You WILL improve your Baseball skills AND you WILL learn what it means to be a good teammate and a quality person.

## More Information... For more on what I offer, please visit www.BaseballDudes.com Check out the "Train Like A Pro" tab for my training options Then... Click on the "Calendar" tab for my availability Then... Send me an email with the dates and times that work Chris@BaseballDudes.com



