



**RETURN TO PLAY SAFETY PLAN**  
**for**  
**Salmon Creek Little League**  
**As Required by The State of Washington for 2020**

SCLL is committed to a safe and healthful environment. In keeping with this philosophy, the following COVID-19 Health and Safety Plan has been developed using current guidelines from the CDC. As required by the State of Washington, SALMON CREEK Little League adopts the following Covid-19 Safety Plan for use in all practices and games involving Salmon Creek LL.

This addresses both practices and games. Under Phase 2 (for practices) and Phase 3 (for games) of the WA State Covid-19 Guidelines. Games may not be played until Clark County enters Phase 3.

Novel coronavirus (COVID-19) is a new virus strain that can spread from person-to-person. Reported cases range from mild illness (like a common cold) to severe pneumonia that requires hospitalization. Symptoms can include fever, coughing and shortness of breath.

Baseball is an outdoor recreational activity. Your participation may expose you to the general public, players, parents, coaches that may have been exposed to COVID-19.

Know your level of risk to exposure to illness – and how to reduce exposure. Health experts advise that COVID-19 is thought to spread via respiratory droplets (produced when an infected person coughs or sneezes) or between people who are in close contact with one another (within about six feet).

Players who do not believe it is safe to attend team events shall be allowed to remove themselves from the game/practice and coaches must allow the player to return to play when the player feels safe to do so.

**I. Education-** SALMON CREEK LL will convey to players, managers & coaches and parents this safety plan to help reduce exposure to the Covid-19 virus.

- A. Managers, coaches, and parents will acknowledge receipt of this safety plan.
- B. Each manager shall conduct a safety meeting to review the requirements of this plan. Multiple meetings may be required. Attendance will be recorded by the manager.
- C. Managers, Coaches & board members will enforce this safety plan to the best of their ability
  - a. Corrective action must be taken when violations become known
- D. The league will post reminders in areas visible to all, reminders of the required hygienic practices including:
  - a. Phase (2 & 3) Restart COVID-19 Requirements
  - b. CDC proper hand washing reminders
  - c. Cleaning and disinfecting frequently touched objects
  - d. Reminders to not touch face with unwashed/gloved hands
  - e. Cover the mouth and nose when coughing or sneezing
- E. The league will work to limit spectators at any function to meet WA State guidelines

## **II. Health**

- A. All players, coaches and visitors need to perform a Self-Check Health Screening (required before entry to field):
  - a. Do you have a fever of 100.4°F, or feel feverish?
  - b. Do you have a recent dry cough, sore throat, or shortness of breath.
  - c. Are you experiencing unexplained muscle aches?
  - d. In the past 14 days, have you had close contact with someone known to have been COVID-19 positive at the time you had close contact with them?
- B. Frequent hand washing or use of disinfecting wipes. If fields have soap and handwashing stations with running water then those facilities may be used. When running water is not available, portable washing stations, with soap may be used. Alcohol-based hand sanitizers with greater than 60% ethanol or 70% isopropanol must be used if running water or portable wash stations are not available. Fields must provide disinfectant and cleaning supplies throughout the site.
- C. Cover sneezes and wash hands or use sanitizing wipes directly after sneezes
- D. A minimum separation of six (6) feet be maintained when possible
- E. Avoid touching your eyes, nose, and mouth.
- F. With the exception of baseballs/softballs the sharing of equipment is not allowed
- G. Any shared equipment will be cleaned/sanitized between uses
- H. Face coverings by players may not be possible while on the field but may be used in dugouts or other areas of the ballpark.
- I. ALL COACHES ARE ENCOURAGED TO WEAR COVERINGS OF SOME VARIETY WHEN GAME IS IN PROGRESS. The league will provide a basic mask for use, though coaches are encouraged to find what works best for them. These can be very simple cloth face coverings. See attached direction from the Washington Department Health.

The CDC recommends the use of cloth face covering (masks) when out in public. The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance. Cloth masks may be worn on a voluntary basis. ([1](#), [2](#))

ALL COACHES ARE ENCOURAGED TO WEAR GLOVES WHEN ON THE FIELD. If gloves are not otherwise necessary for the task, any type of glove, including baseball gloves, cotton, nitrile or latex, are acceptable. Players are not required to wear gloves.

Eye protection does not need to be worn when on the field.

J. Players, managers & coaches will not share water bottles or any other drinks

### III. Exposure Protocol

If you or your player have COVID 19 symptoms, have been exposed, or are caring for a family member with the disease do the following:

- **Stay home** – Notify your coach. The CDC recommends that a player or coach with symptoms be encouraged to stay home and not come to team events until they have been free of a temperature higher than 100.4 F, or any other symptoms for at least 72 hours.
- **Cover your cough or sneeze** with a tissue, then throw the tissue in the trash.
- **Clean and disinfect** hands and all frequently touched objects and surfaces.

If someone goes home sick, the area where that person frequented during the practice or game must be disinfected immediately. Report any flu-like symptoms, suspected exposure, or confirmed exposure to your coach immediately.

**\*\*\*If a player has a confirmed case of COVID-19 the following is required.\*\*\***

- A) The parent will notify one of the following SCLL representatives immediately:
  - TeamCoach (who will immediately contact one of the following)
  - League Safety Officer - Jeremy Tortora  
[safety@salmoncreekll.com](mailto:safety@salmoncreekll.com)
  - League President - Chuck [Williams](#)  
[president@salmoncreekll.com](mailto:president@salmoncreekll.com)
- B) The league president or safety officer or other league official will inform coaches and parents of all teams who were exposed to COVID-19 in the game or practice, without breaching the infected players confidentiality as required by the Americans with Disabilities Act.

- C) The player will not be allowed to return to any team event without a written doctor's release.

#### IV. Physical Contact

A) There will be no intentional physical contact between players, managers/coaches and parents. This includes, but not limited to...

- 1) Handshakes
- 2) High fives
- 3) Fist/elbow bumps
- 4) Chest bumps
- 5) Group celebrations

B) Dugout: Players should be assigned spots on the bench, bleachers, or bullpen areas to allow for 6 foot spacing between players and are RESTRICTED TO PLAYERS & MANAGERS/ COACHES ONLY!!!

1. Dugouts shall be disinfected between games.
2. Players shall not enter dugouts until given permission by their manager.
3. Use of the bleachers or bull pens may be needed, if necessary, to allow for social distancing while keeping the players behind a fence.
4. Managers & Coaches shall be allowed outside of the dugout, but must remain directly along the fence of their dugout.
5. Limit equipment to each players' **equipment bag**: batting helmet, glove, bat, catcher equipment or personal disinfecting wipes.
6. Use of face coverings by managers & coaches is recommended.
7. Player face coverings are optional.
8. No food, sunflower seeds, gum, or spitting in the dugout.

#### V. Fields

A. Players are to maintain social distancing of 6 feet during practices as much as possible.

1. Groups of no more than 5 players each while Washington State Phase 2 response to COVID-19 is in effect.
2. Groups must be separated by a buffer zone.

B. Baseballs & Softballs and other Equipment

1. Balls should be rotated and sanitized on a frequent basis
2. Designate balls to a group to use the entire practice
3. Do not mix balls between groups
4. Bats should only be handled by the player who uses that bat
  - a. If not possible, then a coach should retrieve that bat with gloves and sanitize it after handling it

C. Field Maintenance

- a) Limit the number of people conducting field maintenance
- b) Fields should be prepped without players on the field

- c) Use of PPE (gloves) for field maintenance personnel
- d) Sanitize all equipment after use. Common surfaces must be sanitized between sessions/practices/games. Surfaces to be cleaned but not limited to:
  - i. Benches
  - ii. Gates & Latches
  - iii. Posts
  - iv. Score Tables & Chairs
  - v. Bathrooms
  - vi. Other areas frequently touched
- D. All coaches and/or league officials are responsible for establishing, implementing, enforcing and training of this plan. They must be on site at all times during games and practices and are authorized to stop the game or practice and correct situations that are not in keeping with the plan.
- E. Coaches or league officials must shut down the game if the site cannot be cleaned and disinfected appropriately. The coach or league official will ensure cleaning has occurred prior to participation such that all common-touch surfaces, porta-potties, shared gear, storage areas, dugouts have been disinfected.

## **VI. Umpires**

- A. When using umpires, consider calling balls and strike from behind the pitcher
- B. Umpires are encouraged face coverings while on the field
- C. Umpires shall not retrieve foul balls or pick up bats
- D. Umpires shall not handle player equipment
  - 1) Exception for equipment checks
- E. If umpires conduct equipment checks PPE (gloves) shall be used and sanitizing wipes used between each player's inspected equipment.
- F. Plate meeting are not recommended
  - 1) Managers may exchange line-up cards before the game

## **VII. Facilities**

- A. Spectators
  - 1) Parents must use social distancing measures while practices are conducted
  - 2) Once games begin, a 50-person limit must be observed for each field
    - a) Players, managers & coaches count toward the total in attendance
    - b) Social distancing rules apply to all spectators
    - c) If bleachers are used for players, spectators must be kept away from that set of bleachers
  - 3) Spectators/Parents should be encouraged to bring their own chairs
    - a. If bleachers are closed to spectators, they do not need cleaning
  - 4) Once games begin, each field at multifield sports parks is allowed 50 spectators
  - 5) Games shall be space out (by time) to allow for complete evacuation of the

facility before the next group arrives

- 6) Loitering shall be discouraged

#### **B. Restrooms and Drinking Fountains**

- 1) Restrooms use may be dictated by the authority/owner of the park (county/city/school district)
- 2) If provided, follow directions of the park owner.
- 3) If the League is responsible then...
  - a) consider a “one-in-one out” use policy
  - b) Restrooms should be cleaned/disinfected frequently
- 4) Public drinking fountains should be turned off from public use

### **VIII. Concessions**

- A) Follow Clark County Health Department Guidelines and regulations for operation of concession stands

### **IX. Other Ways to Mitigate Exposure**

#### **A) Social Media**

- 1) Use of Game Changer or Game Tracker to allow vulnerable people who may desire to track the game to follow along
- 2) Consider “Streaming” games using Facebook Live or other Social Media to allow off site viewing of the game

#### **B) Use signage**

- 1) Post signs in dugouts for players and managers/coaches as reminders
- 2) Post signs directing spectators where to sit/ observe the game
- 3) Post signs on restroom use policy

Adopted June 10, 2020

By the Board of Directors of Salmon Creek Little League